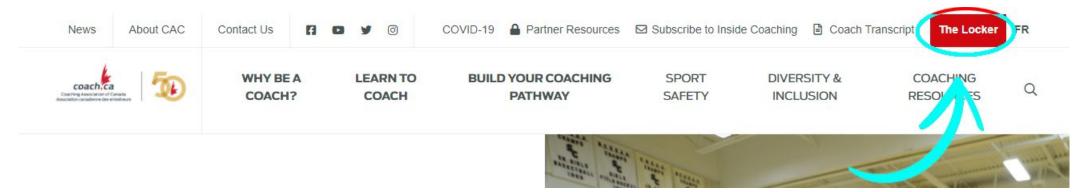


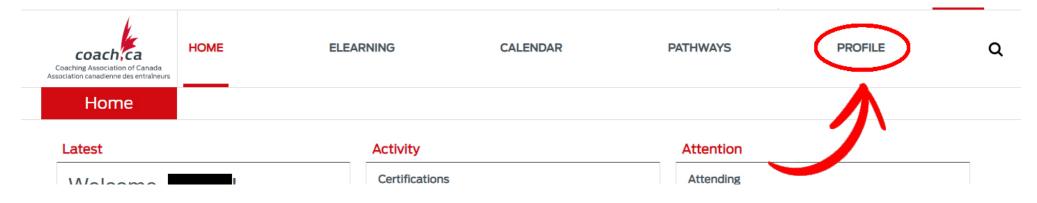


Login to your Locker account

Go to coach.ca and click on The Locker



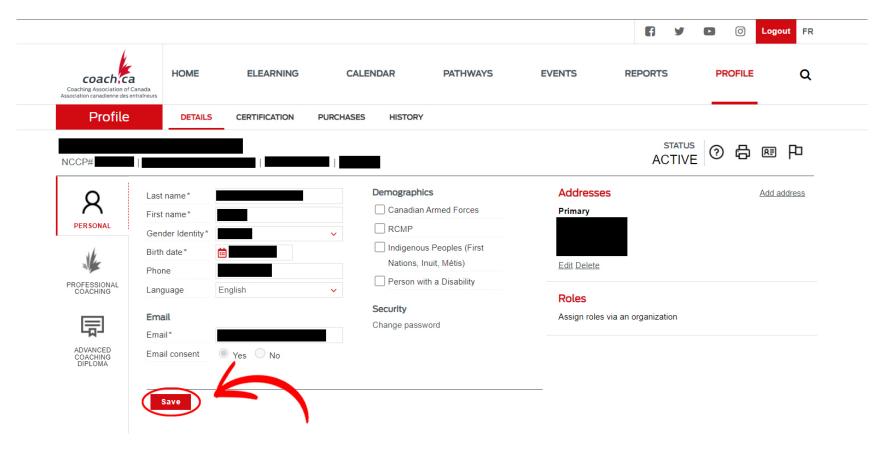
Login using your Locker number Then click on Profile





Review your information

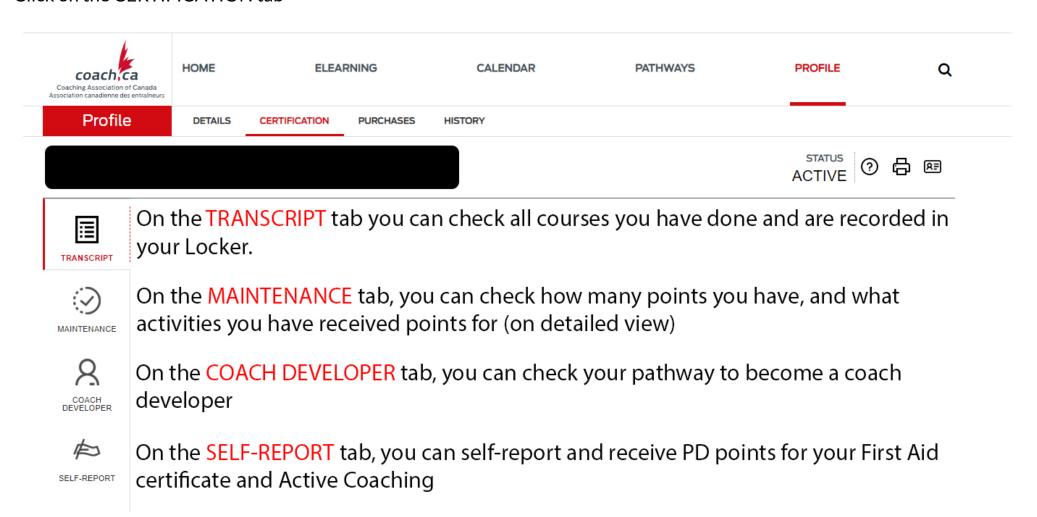
- Take the time to review and update your information
- Do <u>not</u> skip this step, as you won't receive important updates if your information is not correct
- Don't forget to click on Save!





Understanding the Locker system

Click on the CERTIFICATION tab





Self-Report PD Points

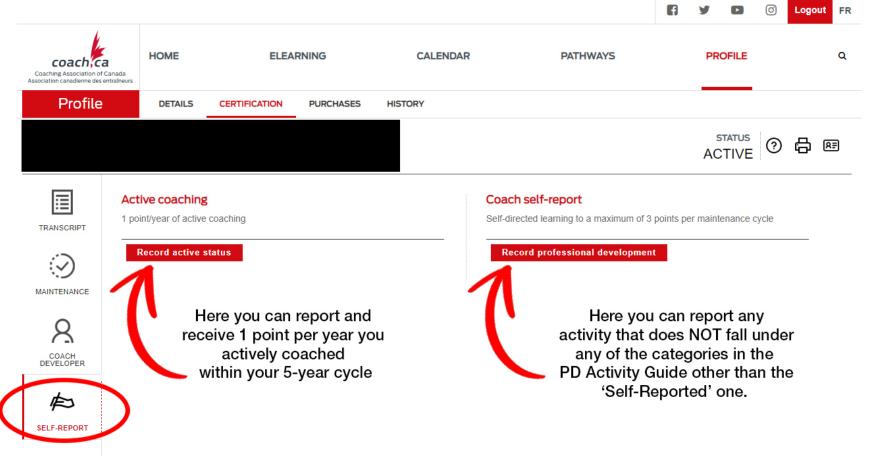
- Coaches are responsible for entering any activity that they believe is worthy of points but does NOT fall under any of the other categories other than the Self-Report category in the PD Activity Guide.
- Please note that a maximum of 3 points per
 5-year cycle can be self-reported.

| Self-Reported Professional Development | | |
|---|--------------|---|
| Activity | Points | Limitations |
| Category: Active Coaching | 1 point/year | 5 point maximum per 5-year cycle |
| Category: All Other Professional Development not listed previously | | |
| Examples: | | 2 |
| Mentoring directly with another Coach on coaching techniques from the same sport or an alternative sport | 1 point/hour | 3 point maximum per 5-year period |
| Other Athlete Development Clinics: Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness Interactive Auditing of Clinics: clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.) | | |
| Completing Courses: Human Athlete Sport Psychology, Kinesiology, Sports Nutrition, Conditioning and Fitness, Coaching/Leadership, etc | | |
| Personal athletic development – must be coached - (Riding Lessons, other sports, or personal training, etc) | | |
| Equine Development – Equine nutrition, biomechanics, other equine physiology/sport science, equine health workshops (Farrier, massage, chiropractic, other professional presentations or workshops) | | |
| Clinics in FEI equine disciplines | | |
| Non-FEI discipline and alternative training clinics | | |
| Other organizations equine online accredited courses (ex: Equine Guelph, University, College, Department of Agriculture "recognized" equine institutions, etc) | | |
| Acting as a Mentor Coach or Volunteering in a capacity that provides a new learning environment for yourself (Para-Equestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc) | | |
| Other Self-Directed Professional Development Learning Opportunities | | |



Self-Report PD Points

Click on the SELF-REPORT tab



Fill out the information required and click on Add/Save to self-report your PD points. Please note that a maximum of 3 points per 5-year cycle can be self-reported.