



## Professional Development Points

The NCCP system requires instructors/coaches to submit their points in a 5-year cycle according to their context:

- Instructor: 10 points
- Competition Coach: 20 points
- Competition Coach Specialist: 20 points
- Competition Development (HP1): 30 points

Instructors/Coaches are responsible for entering their First Aid and Active Coaching points themselves.

Follow <u>these steps</u> to check out how many points you have, and <u>these</u> to know how to self-report PD points.

Instructors/Coaches can check which activities they can receive points for in the <u>PD Activity Guide</u>, then the <u>Coach Update Form</u> should be filled out and submitted to coaching@albertaequestrian.com.

In the next slides, we will share a few websites where you can complete PD points online.



# Coach Training Boot Camp

The Coach Training Boot Camp offered by the Alberta Equestrian Federation is composed by 5 NCCP equestrian-specific courses:

- 1. EC NCCP Long-Term Equestrian Development
- 2. EC NCCP Analyzing Beginner Equestrian Performance
- 3. EC NCCP Plan an Equestrian Practice
- 4. EC NCCP Design an Equestrian Sport Program
- 5. EC NCCP Manage an Equestrian Sport Program

These courses are worthy 5 PD Points each. Please note all courses completed through the Alberta Equestrian Federation are automatically recorded in your <u>Locker</u> account. In other words, a Coach Update Form submission is NOT required.

Please check our <u>calendar of events</u> or contact our Sport and Recreation Manager at <u>coaching@albertaequestrian.com</u> to inquire about our schedule.



### Alberta Sport

<u>Alberta Sport</u> is our Provincial/Territorial Coach Representative (PTCR) and it's responsible for delivering all NCCP multisport modules in our province, such as:

- Managing Conflict
- Teaching & Learning
- Basic Mental Skills
- Psychology of Performance

Alberta Sport's calendar is updated every trimester with new dates and courses.

Please note all courses completed through Alberta Sport are automatically recorded in your <u>Locker</u> account. In other words, a Coach Update Form submission is NOT required.



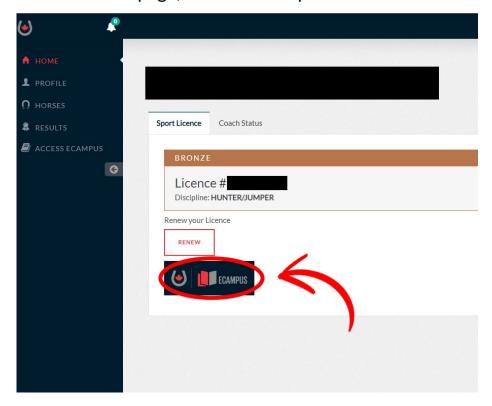
#### **ECampus**

Please note all courses completed through your <u>ECampus</u> account are automatically recorded in your <u>Locker</u> account. In other words, a <u>Coach Update Form</u> submission is NOT required.

1- Log in to your **ECampus** account.



2- In the home page, click on ECampus:



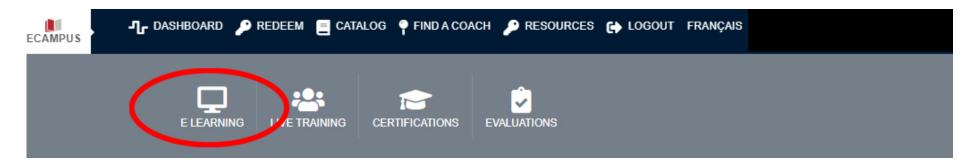


### **ECampus**

3- Click on Catalog on the top of the page:



4- Click on E LEARNING:



Please note all courses completed through your <u>ECampus</u> account are automatically recorded in your <u>Locker</u> account. In other words, a <u>Coach Update Form</u> submission is NOT required.

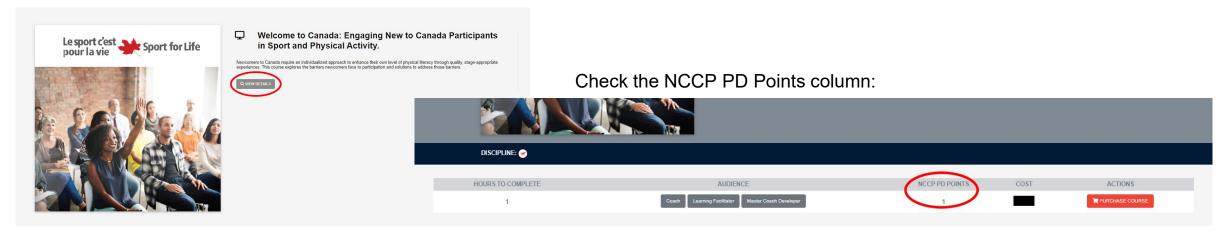


### **ECampus**

There are many courses available in the ELEARNING section of your ECampus, some are listed below:

- EC Lunging Foundations
- Conditioning the Sport Horse
- Stepping Stones to Indigenous Sport and Physical Activity Participation
- Welcome to Canada: Engaging New to Canada Participants in Sport and Physical Activity
- LGBTQ2+ Diversity and Inclusion Training for Workplaces

You can check how many points you would receive for each one of these courses by clicking on 'view details':



Please note all courses completed through your <u>ECampus</u> account are automatically recorded in your <u>Locker</u> account. In other words, a <u>Coach Update Form</u> submission is NOT required.



# Self-Report PD Points

- Coaches are responsible for entering any activity that they believe is worthy of points but does NOT fall under any of the other categories other than the Self-Report category in the PD Activity Guide.
- Please note that a maximum of 3 points per
   5-year cycle can be self-reported.

Self-Reported Professional Development		
Activity	Points	Limitations
Category: Active Coaching	1 point/year	5 point maximum per 5-year cycle
Category: All Other Professional Development not listed previously		
Examples:		2
Mentoring directly with another Coach on coaching techniques from the same sport or an alternative sport	1 point/hour	3 point maximum per 5-year period
<ul> <li>Other Athlete Development Clinics: Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness</li> <li>Interactive Auditing of Clinics: clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.)</li> </ul>		
<ul> <li>Completing Courses: Human Athlete Sport Psychology, Kinesiology,</li> <li>Sports Nutrition, Conditioning and Fitness, Coaching/Leadership, etc</li> </ul>		
Personal athletic development – must be coached - (Riding Lessons, other sports, or personal training, etc)		
Equine Development – Equine nutrition, biomechanics, other equine physiology/sport science, equine health workshops (Farrier, massage, chiropractic, other professional presentations or workshops)		
Clinics in FEI equine disciplines		
Non-FEI discipline and alternative training clinics		
Other organizations equine online accredited courses (ex: Equine Guelph, University, College, Department of Agriculture "recognized" equine institutions, etc)		
Acting as a Mentor Coach or Volunteering in a capacity that provides a new learning environment for yourself (Para-Equestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc)		
Other Self-Directed Professional Development Learning Opportunities		



### When to submit a Coach Update Form

To all other activities not mentioned above that are worthy of PD points according to the <u>PD Activity Guide</u>, please submit a <u>Coach Update Form</u> to our Sport and Recreation Manager at <u>coaching@albertaequestrian.com</u>.