



# AEVA Provincial Trainer Program

*Updated 2017*



The Provincial Trainer's Program concentrates on the practical introduction to coaching in this sport. The Trainer will be competent in all aspects of safety, skill development, physical preparation of the athlete and the horse and the "role of the Trainer."

## **Prerequisites:**

An individual who is at least 16 years of age and who has either passed the Vaulting Level 3B examination, or who can demonstrate competency to assist in the coaching of vaulters at Vaulting Level 3, is eligible to complete the required course work and be recognized as an assistant vaulting trainer. Such assistant trainers must always be directly supervised by a certified vaulting trainer.

An individual who is at least 18 years of age and who has either passed the Vaulting Level 4 examination or who can demonstrate competency in the unsupervised coaching of vaulters at Vaulting Level 4, is eligible to attend a Provincial Vaulting Trainer course and be recognized as a vaulting trainer once they have met the other prerequisites outlined below.

Vaulting trainer and assistant trainer courses will be conducted periodically by the individuals elected through the Alberta Equestrian Vaulting Association (AEVA) to be the provincial course conductor and provincial course coordinator. This selection will be according to the requirements of the Alberta Equestrian Federation (AEF).

## **Requirements for certification through the Provincial Trainer Program are:**

- Current membership with the Alberta Equestrian Federation (AEF).
- Payment of the fee to be determined by the AEVA. Contact the Education Committee chairman for details.
- 18 years of age or over, and a member in good standing with the AEVA and AEF.
- A minimum of 18 hours of mentorship and/or instruction, completing the course outline, either by attending a course conducted by the AEVA or by completing the requirements under the supervision of a mentor who is a certified Vaulting Trainer approved by the AEVA Education Committee.
- Completion of the practical and theoretical examinations with a minimum score of 75 percent in each examination. The theory examination may be written up to a month after successful completion of the practical examination. It may be written in the candidate's home town with a supervisor approved by the Education Committee of the AEVA. A list of questions which may appear on the theory test will be provided to candidates when they are accepted into the certification program.
- Completion of the NCCP Equestrian Theory Workshop.
- Completion of the Making Ethical Decisions (MED) – Competition Introduction Online Evaluation through Coaching Association of Canada (CAC).
- Signed copies of the AEF Privacy Document, Equestrian Canada Code of Conduct, and Equestrian Canada Code of Ethics.
- Completion of a Standard first aid course with Level C CPR (at a minimum).
- Prior to authorizing insurance coverage, AEF requires that every Trainer request a Criminal Record

Search from the RCMP. This report is to be forwarded to AEF.

### **Continuing Education:**

All certified Trainers are expected to continually update their training. A minimum of 6 hours per year of clinic/course work must be attended. Any education event or clinic on any topic organized by one of the following organizations is approved for upgrading hours:

- EVABC, AEVA or another Provincial Vaulting Body
- HCBC, AEF or another Equestrian Provincial Sport Organization
- VaultCanada
- Equestrian Canada
- FEI
- Gymnastics AB/BC or another Provincial Gymnastics Body
- Gymnastics Canada

All other courses and/or clinics must first be approved by the AEVA Education Committee chairman who will convey their decision to AEF coaching department in advance of the event.

Vaulting Trainers must remain active in the sport to retain their certification. Anyone who has not coached for one year will be taken off the list of certified Trainers. Once removed from the list, they may reapply for certification by rewriting the theoretical examination. If a score of at least 75 per cent is achieved then the certification will be reinstated. If a score of at least 75 percent is not achieved, then the applicant will be required to repeat the entire certification process.